

COMMISSION ON AGING SPECIAL MEETING MINUTES MONDAY, OCTOBER 23, 2023

Attendees: Linda Armstrong, Elaine Buchardt, Roberta Dougherty, Kim Hawes, Georgia O'Brien, Cathy Palazzi, Ellie Skoog

Guest: Cathleen Kaplan, Marlborough COA Chairman

Chairman called meeting to order at 1:30 p.m.

She recognized Cathleen and asked for an update from Marlborough. Cathleen said she has a hard time to get members to attend meeting and was looking for information from neighboring communities to see what they do to attract members and how do they work on issues for seniors. Roberta texted Cathleen information

Elaine gave us an update on adding Linda Armstrong as an alternate.

Minutes from July 17 were discussed and Georgia made a motion to approve and seconded by Kim. Approved.

Cathy gave the commission latest updates on the flu clinic, events for 11/4, Fundraiser, 11/30 lunch, trips on 12/1, 12/8. She mentioned once the new building is completed, she would like to do CRT meals for seniors if Andover now qualifies. Meals on Wheels was also mentioned as a possibility. Cathy said we have one person in town who receives them and always too much food and sometimes discarded.

Roberta spoke about the October Health Fair and Cycling without age and the October 30 Aging Summitt conference she and Cathy attended.

Elaine mentioned every ten (10) years the Planning & Zoning (P&Z) review the POCD and they ask each commission and committee to review and discuss information they received in 2015 and has it been completed, in working stage or not needed at this time. Elaine has given this information to the P&Z.

Elaine stated in 2024 the Commission on Aging will meet quarterly on Mondays at 1:30 pm in the Community Room. Cathy will give list to Town Clerk for posting.

Next meeting will be January 22, 2024.

Ellie made a motion to adjourn and Georgia seconded at 2:15 p.m. Approved.

Respectfully submitted,

Cathy

Cathy Palazzi
Secretary